

**Tad Morgan, DDS**  
**Family Dentistry & Tyler Headache Center**  
**16409 FM 344 West • Bullard, TX 75757**  
**Phone: (903)825-1112 • Fax: (903)598-7894**

*Welcome to our office!*

Date: \_\_\_\_\_

Name (Last, First, MI): \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Preferred Name: \_\_\_\_\_ Email: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City, State: \_\_\_\_\_  
Zip Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ Drivers License #: \_\_\_\_\_ State: \_\_\_\_\_  
Marital Status (check one): ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Spouse's Name (Last, First, MI): \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Spouses Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Emergency Contact (Name, Telephone, Relation): \_\_\_\_\_  
Who may we thank for referring you? (Friend, web, radio, etc): \_\_\_\_\_

**♦ Head of Household Information (If Self, then write "self" and skip this portion)**

Name of person responsible for account (Last, First, MI): \_\_\_\_\_  
Birth Date: \_\_\_\_\_ Phone: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
Relation to patient: \_\_\_\_\_ Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Street Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Drivers License #: \_\_\_\_\_ State: \_\_\_\_\_

**♦ Medical History**

Have you ever had, or do you currently have any of the following? (Check all that apply)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Heart Murmur                  | <input type="checkbox"/> Snoring              |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Heart Disease                 | <input type="checkbox"/> Sleep Apnea          |
| <input type="checkbox"/> Artificial Joints        | <input type="checkbox"/> Heart Attack                  | <input type="checkbox"/> Pacemaker            |
| <input type="checkbox"/> Anxiety/Nervous Disorder | <input type="checkbox"/> Mitral Valve Prolapse         | <input type="checkbox"/> Rheumatic Fever      |
| <input type="checkbox"/> Alcohol/Drug Addiction   | <input type="checkbox"/> Glaucoma                      | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Blood Transfusion        | <input type="checkbox"/> Hemophilia/Excessive Bleeding | <input type="checkbox"/> Respiratory Problems |
| <input type="checkbox"/> Back/Neck Problems       | <input type="checkbox"/> Hepatitis Type _____          | <input type="checkbox"/> Sinus Problems       |
| <input type="checkbox"/> Cosmetic Surgery         | <input type="checkbox"/> HIV/AIDS Test Positive        | <input type="checkbox"/> Stomach Problems     |
| <input type="checkbox"/> Cancer/Chemotherapy      | <input type="checkbox"/> Herpes/Cold Sores             | <input type="checkbox"/> Kidney Disease       |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Head Injury/Mental Disorder   | <input type="checkbox"/> Liver Disease        |
| <input type="checkbox"/> Epilepsy/Seizures        | <input type="checkbox"/> Headaches/Migraines           | <input type="checkbox"/> Thyroid Disease      |
| <input type="checkbox"/> Fainting / Dizziness     | <input type="checkbox"/> Ulcers                        | <input type="checkbox"/> Venereal Disease     |
| <input type="checkbox"/> High Blood Pressure      | <input type="checkbox"/> Stroke                        |   |

Please list any other conditions not listed above: \_\_\_\_\_

Are you allergic to, or have you had any adverse reactions to any of the following? (Check all that apply)

☐ Aspirin  
☐ Codeine  
☐ Epinephrine  
☐ Erythromycin

☐ Latex  
☐ Local Anesthetic  
☐ Nitrous Oxide (Laughing Gas)  
☐ Penicillin

☐ Hydrocodone  
☐ Sulfa Drugs  
☐ Tetracycline  
☐ Valium

Other allergies: \_\_\_\_\_

Do you smoke or chew tobacco? ☐ YES ☐ NO If so, how much? \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Date of Last Physical Exam: \_\_\_\_\_

What medications are you taking? \_\_\_\_\_

Have you been hospitalized in the past two years? ☐ YES ☐ NO

If yes, for what reason? \_\_\_\_\_

Are you currently under the care of a physician for a specific condition? ☐ YES ☐ NO

If yes, please describe: \_\_\_\_\_

If you are a female: Are you pregnant? ☐ YES ☐ NO ☐ MAYBE If yes, how many months? \_\_\_\_\_

Are you taking birth control pills? ☐ YES ☐ NO

#### ◆ Dental History

Name of Previous / Present Dentist: \_\_\_\_\_ Date of Last Visit: \_\_\_\_\_

Location of this Dentist (City/State): \_\_\_\_\_ Telephone #: \_\_\_\_\_

How many times a day do you brush your teeth? \_\_\_\_\_ How often do you floss? \_\_\_\_\_

Are you currently in dental-related pain? ☐ YES ☐ NO Do you frequently experience jaw pain? ☐ YES ☐ NO

Do you have difficulty becoming numb for dental treatment? ☐ YES ☐ NO ☐ UNSURE

Do you have dental-related anxiety? ☐ YES ☐ NO

Are you happy with the appearance of your smile? ☐ YES ☐ NO

If no, please tell us what you would like to change (color, shape, alignment, etc.): \_\_\_\_\_

Please number the following in the order in which each would keep you from having dental treatment:

\_\_\_\_\_ Fear of Pain \_\_\_\_\_ Cost of treatment \_\_\_\_\_ Lack of concern \_\_\_\_\_ Missing work

#### ◆ Consent for Treatment

The undersigned, (print name) \_\_\_\_\_, hereby confirms that the above information is correct to the best of his/her knowledge. I understand that the information given will be used by the doctor to help determine appropriate and healthful dental treatment for this patient. If there is any change in this patient's medical status, I agree to inform the dentist or a member of his team. Furthermore, I authorize the doctor to take x-rays, photographs, study models, T-Scan bite analysis, joint vibration analysis (JVA), Electromyography (EMG), and/or any other diagnostic aids he deems appropriate in order to make a thorough diagnosis of this patient's dental needs. I also authorize the doctor to choose and employ such assistance as he deems fit. I give my consent for the doctor to use any and all forms of treatment and therapy necessary, including prescribing or administering medications that may be indicated in connection with this patient, to be determined and discussed on an appointment-to-appointment basis. I understand that the use of anesthetic agents embodies a certain risk.

\_\_\_\_\_  
Patient Signature (Parent or Guardian Signature)

\_\_\_\_\_  
Date

Parent or Guardian's Name Printed (if applicable): \_\_\_\_\_ Relation: \_\_\_\_\_

Tad Morgan, DDS  
Family and Restorative Dentistry  
16409 FM 344 West • Bullard, TX 75757  
Phone: (903)825-1112 • Fax: (903)598-7894

## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I, \_\_\_\_\_ have received a copy of this office's Notice of Privacy Practices.

\_\_\_\_\_  
**Patient/Guardian Signature**

\_\_\_\_\_  
**Patient/Guardian Printed Name**

\_\_\_\_\_  
**Date**

**I authorize Tad Morgan, DDS & The Tyler Headache Center to  
discuss and release my medical information to:**

\_\_\_\_\_  
Name Relationship to patient Phone

\_\_\_\_\_  
Name Relationship to patient Phone

**Please DO NOT release my medical information to:**

\_\_\_\_\_  
Name Relationship to patient Phone

\_\_\_\_\_  
Name Relationship to patient Phone

\_\_\_\_\_  
**Patient/Guardian Signature**

\_\_\_\_\_  
**Patient/Guardian Printed Name**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
FOR OFFICE USE ONLY

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement was not obtained because:

- ☐ Individual refused to sign
- ☐ Communication barriers
- ☐ An emergency situation
- ☐ Other (specify):

\_\_\_\_\_

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## **NOTICE OF PRIVACY PRACTICES**

**THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN ACCESS THIS INFORMATION.**

**PLEASE REVIEW CAREFULLY  
THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US**

### OUR LEGAL DUTY

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice is in effect NOW and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information created or received before we made these changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time. For more information about our privacy practices, or for additional copies of this Notice, please contact us using the information listed on this Notice.

### USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for your treatment, payment and healthcare operations. For example:

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use and disclose your health information in connection to our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance conducting training programs, accreditation, and certification, licensing, or credentialing activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family and Friends:** We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend, or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement of your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information for marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information when we are required to do so by law.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or to the health or safety of others.

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody of protected health information of inmate or patient under certain circumstances.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, text messages, emails, or letters.)

## **PATIENT RIGHTS**

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practically do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access by using the contact information listed at the end of this Notice. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we will charge you \$\_\_ for each page, \$\_\_\_ per hour for staff time to locate and copy your health information and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee. Contact us using the information on this Notice for a full explanation of our fee structure.)

**Disclosure Accounting:** You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations, and certain other activities for the last 6 years, but not before September 10, 2009. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

**Restriction:** You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do so, we will abide by our agreement (except in an emergency).

**Alternative Communication:** You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. (You must make your request in writing.) Your request must specify the alternative means or location, and provide a satisfactory explanation of how payments will be handled under the alternative means or location you request.

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

**Electronic Notice:** If you receive this Notice on our Website or by electronic mail (-email), you are entitled to receive this Notice in written form.

## PATIENT INFORMATION

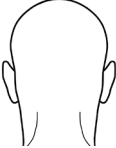



NAME	DATE	AGE	SEX	TELEPHONE
	TODAY / /			

#	DENTAL FOUNDATION (TEETH, MUSCLES, JOINTS)	#	SYMPTOMS
1	Have you noticed a change in the way your teeth fit together? » If 'Yes', it is because of <input type="checkbox"/> Dental Changes <input type="checkbox"/> Trauma <input type="checkbox"/> Other	13	Do you experience pain in » Jaw <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both <input type="checkbox"/> More than 1 year » Face <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both <input type="checkbox"/> More than 1 year » Neck <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both <input type="checkbox"/> More than 1 year » Shoulders <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both <input type="checkbox"/> More than 1 year » Arms <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both <input type="checkbox"/> More than 1 year
2	Where do you think your teeth hit or fit first? » More on the: <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Equal » More on the: <input type="checkbox"/> Front <input type="checkbox"/> Back <input type="checkbox"/> Equal	14	Do you experience ringing or fullness in your ears? <input type="checkbox"/> Yes <input type="checkbox"/> No » Which one? <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
3	Do your jaw muscles get tight or sore? » When? <input type="checkbox"/> Morning <input type="checkbox"/> Evening <input type="checkbox"/> After chewing	15	How often do you get headaches that make it difficult to function without medication? <input type="checkbox"/> Almost Daily <input type="checkbox"/> More than once a week <input type="checkbox"/> More than once a month <input type="checkbox"/> Almost never
4	Do you have pain or difficulty opening wide?	16	How often do you get other milder headaches? <input type="checkbox"/> Almost Daily <input type="checkbox"/> More than once a week <input type="checkbox"/> More than once a month <input type="checkbox"/> Almost never
5	Are you aware of noises in your jaw joints? <input type="checkbox"/> Popping <input type="checkbox"/> Clicking <input type="checkbox"/> Other » Where? <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both » How long? <input type="checkbox"/> Less than 1 year <input type="checkbox"/> More than 1 year	17	Have your headaches changed in the last six months? <input type="checkbox"/> About the same <input type="checkbox"/> Slight worsening <input type="checkbox"/> Same but more frequent <input type="checkbox"/> Somewhat less <input type="checkbox"/> A lot worse Got less/worse when _____
CAUSES & COMPLICATIONS		IMPACT ON DAILY LIVING ACTIVITIES	
6	Do you grind or clench your teeth? » Do you wear a? <input type="checkbox"/> Splint <input type="checkbox"/> Night Guard <input type="checkbox"/> Retainer <input type="checkbox"/> NTI <input type="checkbox"/> Sleep Appliance	18	What is your stress level? <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
7	Have you had any significant dental treatments? <input type="checkbox"/> Orthodontics <input type="checkbox"/> Oral surgery / wisdom teeth removal <input type="checkbox"/> Long dental appointments <input type="checkbox"/> Tooth Loss <input type="checkbox"/> Crowns	19	What is your anxiety level? <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
8	Have you been in a motor vehicle accident, major or minor? » How many? _____ » When was the last accident? <input type="checkbox"/> 0-3 Months <input type="checkbox"/> 3-12 Months <input type="checkbox"/> More than 1 year » Did you hit your head? <input type="checkbox"/> Head Injury <input type="checkbox"/> Whiplash <input type="checkbox"/> Concussion <input type="checkbox"/> Car <input type="checkbox"/> ATV <input type="checkbox"/> Motorcycle <input type="checkbox"/> Bicycle <input type="checkbox"/> Other _____	20	What have you missed out upon because of your pain or headaches? (Check all that apply) <input type="checkbox"/> Days at work <input type="checkbox"/> Focus at work <input type="checkbox"/> Activities with friends/family <input type="checkbox"/> Activities with children <input type="checkbox"/> Household chores <input type="checkbox"/> Major events
9	Have you had other head/neck trauma? <input type="checkbox"/> Slip/Fall <input type="checkbox"/> Sports Injury <input type="checkbox"/> Trauma <input type="checkbox"/> Fights/Domestic Violence <input type="checkbox"/> Other » When? <input type="checkbox"/> 0-3 Months <input type="checkbox"/> 3-12 Months <input type="checkbox"/> More than 1 year » Type of injury <input type="checkbox"/> Head Injury <input type="checkbox"/> Concussion <input type="checkbox"/> Whiplash <input type="checkbox"/> Neck Injury	21	When you have pain, headaches or migraines, how does that make you feel? (Check all that apply) <input type="checkbox"/> Angry <input type="checkbox"/> Depressed <input type="checkbox"/> Tired or exhausted <input type="checkbox"/> Frustrated <input type="checkbox"/> Guilty <input type="checkbox"/> Ashamed <input type="checkbox"/> Relationship tension <input type="checkbox"/> Other _____
10	Do you have any postural position problems? <input type="checkbox"/> Working at a desk <input type="checkbox"/> Sitting at work <input type="checkbox"/> Computer/laptop <input type="checkbox"/> Commuting	22	How many days per month are you:  Pain Free? _____  Headache Free? _____
11	Daytime sleepiness, drowsiness, or tiredness?		
12	Problems with sleep? » Insomnia <input type="checkbox"/> Yes <input type="checkbox"/> No » Sleep Apnea <input type="checkbox"/> Yes <input type="checkbox"/> No » Sleep Disturbances <input type="checkbox"/> Yes <input type="checkbox"/> No » Less than 7 hours per night <input type="checkbox"/> Yes <input type="checkbox"/> No » Other _____		NOTES: _____ _____ _____ _____

## PATIENT INFORMATION

NAME	DATE TODAY / /	AGE	SEX	TELEPHONE
------	-------------------	-----	-----	-----------

Please review and answer all parts of each question with our staff. Provide specific details/notes in the right hand column.

#	QUESTIONS																																													
1	<p>Have you been diagnosed by a health care provider with any of the following?</p> <p> <input type="checkbox"/> Migraine    » <input type="checkbox"/> Chronic Daily Headache    » <input type="checkbox"/> Tension Headache    » <input type="checkbox"/> Cluster Headache    » <input type="checkbox"/> Medication Overuse Headache  <input type="checkbox"/> Menstrual Migraine    » <input type="checkbox"/> Trigeminal Neuralgia    » <input type="checkbox"/> Fibromyalgia    » <input type="checkbox"/> TMJ/D    » <input type="checkbox"/> Neck Problems    » <input type="checkbox"/> Other _____ </p>																																													
2	<p>What sets off or triggers your pain or headaches?</p> <p>_____</p>																																													
3	<p>What tests have you had to help diagnose your headaches?</p> <p> <input type="checkbox"/> MRI    » <input type="checkbox"/> CT Scan    » <input type="checkbox"/> Blood Tests    » <input type="checkbox"/> Hormone Testing </p>																																													
4	<div> <p>Where are your pain/headaches located? (Mark Locations)</p> <div>     </div> <div> <p>Back                      Front                      Right Side                      Left Side</p> </div> </div> <div> <p>On a scale of 1-10, how painful is it?</p> <p>No Pain                      Moderate Pain                      Unbearable Pain</p> <p>0   1   2   3   4   5   6   7   8   9   10</p> </div>																																													
5	<p>Describe the type of headache pain you feel most often:</p> <p> <input type="checkbox"/> Achy    » <input type="checkbox"/> Throbbing    » <input type="checkbox"/> Stabbing    » <input type="checkbox"/> Other _____ </p>																																													
6	<p>What other doctors have you seen for your pain, headaches, and/or migraines</p> <table border="1"> <tr> <td> <input type="checkbox"/> GP / FAMILY DOCTOR / OB-GYN  <input type="checkbox"/> DENTIST (IF OTHER)  <input type="checkbox"/> NEUROLOGIST  <input type="checkbox"/> PSYCHIATRIST/PSYCHOLOGIST </td> <td> <input type="checkbox"/> PHYSICAL THERAPIST  <input type="checkbox"/> CHIROPRACTOR  <input type="checkbox"/> EAR NOSE THROAT  <input type="checkbox"/> OTHER </td> </tr> </table>	<input type="checkbox"/> GP / FAMILY DOCTOR / OB-GYN <input type="checkbox"/> DENTIST (IF OTHER) <input type="checkbox"/> NEUROLOGIST <input type="checkbox"/> PSYCHIATRIST/PSYCHOLOGIST	<input type="checkbox"/> PHYSICAL THERAPIST <input type="checkbox"/> CHIROPRACTOR <input type="checkbox"/> EAR NOSE THROAT <input type="checkbox"/> OTHER																																											
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7	<p>What medications do you use for headache, migraine, or pain relief?</p> <table border="1"> <thead> <tr> <th>MEDICATION (NAME OF MEDICATION OR SUBSTANCE)</th> <th>WHAT DOSE?</th> <th>HOW OFTEN?</th> </tr> </thead> <tbody> <tr><td>Acetaminophen, Tylenol</td><td></td><td></td></tr> <tr><td>Ibuprofen, Advil, Motrin, Nuprin, etc..</td><td></td><td></td></tr> <tr><td>Naproxin, Aleve</td><td></td><td></td></tr> <tr><td>Rx pain medication ( )</td><td></td><td></td></tr> <tr><td>Rx pain medication ( )</td><td></td><td></td></tr> <tr><td>Rx muscle relaxant ( )</td><td></td><td></td></tr> <tr><td>Rx anxiety medication ( )</td><td></td><td></td></tr> <tr><td>Rx depression medication ( )</td><td></td><td></td></tr> <tr><td>Rx migraine medication ( )</td><td></td><td></td></tr> <tr><td>Medication for sleeping ( )</td><td></td><td></td></tr> <tr><td>Caffeine intake ( )</td><td></td><td></td></tr> <tr><td>Alcohol intake ( )</td><td></td><td></td></tr> <tr><td>THC, Medical Marijuana ( )</td><td></td><td></td></tr> <tr><td>Other: ( )</td><td></td><td></td></tr> </tbody> </table>	MEDICATION (NAME OF MEDICATION OR SUBSTANCE)	WHAT DOSE?	HOW OFTEN?	Acetaminophen, Tylenol			Ibuprofen, Advil, Motrin, Nuprin, etc..			Naproxin, Aleve			Rx pain medication ( )			Rx pain medication ( )			Rx muscle relaxant ( )			Rx anxiety medication ( )			Rx depression medication ( )			Rx migraine medication ( )			Medication for sleeping ( )			Caffeine intake ( )			Alcohol intake ( )			THC, Medical Marijuana ( )			Other: ( )		
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8	<p>Do you try non-medicating techniques for managing your pain or headaches?    <input type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p> <input type="checkbox"/> Yoga    » <input type="checkbox"/> Breathing Exercises    » <input type="checkbox"/> Cold Packs    » <input type="checkbox"/> Massage    » <input type="checkbox"/> Meditation    » <input type="checkbox"/> Physical Therapy    » <input type="checkbox"/> Hot Packs/ Hot Bath  <input type="checkbox"/> Acupuncture    » <input type="checkbox"/> Exercise    » <input type="checkbox"/> Other (please describe) _____ </p>																																													